

## Wrapping families in LOVE-HOPE-HELP



**Do you feel like you have tried everything to help you with the significant behaviors of your ADOPTED CHILD and nothing has worked??**

Let us help you! Our program was developed based on 20 years of experience with adopted families, struggling with significant behaviors.

### **You may be eligible, if your child is:**

- Under the age of 18
- Adopted from California
- You are residing in California
- You receive or have been eligible for the Adoption Assistance Program (AAP)
- Your child is showing significant behaviors
- Has received a diagnosis
- Is currently placed outside the home OR has been placed outside of your home
- OR is at risk of placement outside the home (illegal behaviors, psychiatric hospitalization, group homes or residential treatment)
- Or you may be considering dissolving the adoption...

***We are happy to guide you through the process  
Our Program may be for You!***

Adoption is a wonderful opportunity to become parents. When my husband and I began the journey we had so many hopes and dreams for our children. We had no idea how much our children's past would affect them later in life. When one of our daughters hit her teen years it felt as if our world turned upside down, we didn't know how to navigate this new chapter of life. We are so grateful to have been introduced to Helene and her AMAZING team of support! Thanks to Helene we now feel like we have the tools to best grow with our daughter, continue to connect with her where she is, support her in her needs, and have become closer as a family.

-Billie A

Call us and let us help guide you through the Process:

HELENE TIMPONE

757-818-7403

HELENE@HELENETIMPONE.COM

### ***Located in:***

Fresno County

Solano County

Napa County

& Surrounding Areas

## Where Families Unite & Love grows!!!



## An Intensive Program For Adoptive Families

"We could feel our teen daughter slipping away, and our family was literally falling apart. Our desire for things to change was complicated by our daughter's trauma history and we were having a hard time finding the help we needed. On one of our hopeless days, we were directed to a wraparound service that literally saved our family. We were given a whole new way to parent, and using this paradigm, we were able to make shifts in the way we related to our daughter. We gained a relationship with her again, gained new parenting insights on trauma, and learned to love again. We will forever be grateful!"



### WHAT OUR PROGRAM PROVIDES:

- ✦ **FIRST: ALL SERVICES WILL BE SPECIFIC TO YOUR FAMILIES NEEDS!** Your voice is an integral part of this process!
- ✦ You will gain an applicable understanding of trauma and its effects!
- ✦ Understand how it directly impacts YOUR child's behavior and HOW to help them heal!
- ✦ Real time support during or around Crisis!
- ✦ A family support coach to assist in daily living activities and skills (from homework to errands to calming stressful moments; Specific to your family's needs)
- ✦ We will seek to remove day to day stressors for you, allowing you to have more time to devote to your family!
- ✦ We include the ENTIRE family unit to ensure your whole family will heal and move forward!
- ✦ Coordinate and collaborate with all community services and resources!
- ✦ Based on your family we will provide other stress reducing services, for example Mindfulness, EMDR, Massage, Meal delivery, House cleaning, etc
- ✦ Other Special Activities; Online support groups, Trainings, Parent respite and Child retreats!

### Who We Are:

Expressions of Hope began with a couple's passion for serving the foster care community where they believe that every child who enters foster care deserves to feel loved and valued. We do this by providing for the immediate practical needs of the child, and by giving ongoing support to the families that are loving them.

We have cared for over 80 children and adopted 4. As adoptive parents struggling to find resources to assist us, we found an intensive program that helped us through difficult times. We then set out to create one in our community as well as a few others.

To learn more about us please visit at:  
[www.expressionsofhopenapa.org](http://www.expressionsofhopenapa.org)

We Continue to look forward to serving you and your family- Peggy and Tom Smith

## Our Mission

Intensive service provision for the entire family that is highly individualized to meet their specific needs, ensures the child's permanent placement in the home and creates an environment that heals the root cause of behaviors.



Helene Timpone, LCSW an internationally recognized therapist, trainer, coach, and consultant. She has over 20 years' experience in areas of attachment, grief, and trauma. Helene's expertise is in empowering parents with information and techniques focused on understanding and identifying the trauma that lies beneath the child's severe behaviors, thus creating long-term healing and enhancing close, healthy relationships.